



Penwith

Dementia Action Alliance

Working towards a Dementia Friendly Community

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News

Penwith Dementia Action Alliance is a voluntary group set up to help everyone in our community understand the needs of people living with memory loss to build dementia-friendly communities.

We have been raising awareness of the experience of living with dementia, and helping people in the community to support those affected by dementia. Dementia Friends sessions have been given to various organisations and groups throughout the year, including a Rotary Club, a local council, businesses, church groups and local firefighters.

If you know a group who would be interested in finding out more about dementia contact the PDAA Secretary (details below).

What's on

A Carer's Assessment can help you access things that let you continue as a carer, including:

- Advice about benefits and services like a carer's personal budget
- Short breaks from caring
- Equipment, meals or adaptations to the home
- Help to remain in work, or return to work, if you want to
- Education, training and leisure activities

To arrange a carer's assessment, contact Cornwall Council on 0300 1234 131. Kernow Carers Service offers support and a listening ear – call 0800 587 8191.

Where to get support

If you are worried about your memory or the memory of someone you know, the first point of contact should be your GP, who can arrange for assessment and referral to the memory service.

To find out more about local dementia assessment and diagnosis visit www.cornwallft.nhs.uk/services/complex-care-and-dementia/memory-service/

Contacting Penwith Dementia Action Alliance

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Website: www.dementiafriendlypenwith.btck.co.uk

Facebook: Penwith Dementia Action Alliance

National website: <http://www.dementiaaction.org.uk>