



# Kernow Carers Service

## *Support for those who care*

You may help take care of a loved one, neighbour or friend, without looking upon yourself as a carer. Kernow Carers Service recognises your contribution and commitment and would like to offer you support through our Carers Forums which are held throughout Cornwall.

As well as meeting with others in similar situations, you will have an opportunity to raise any issues you may have in connection with your caring role.

You will be warmly welcomed at the meetings, so please come along and find out about the advice and help available to you.

The next meeting of the  
**Camborne & Redruth Carers Forum**  
will be held at Camborne Community Centre,  
South Terrace, Camborne TR14 8SU  
**on Tuesday 12 November**  
**from 1.30pm to 3.30pm**

For further information please contact:

**Chris Watkin, Forum Administrator**

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